



November 1-3, 2019

Weekend Retreat With Jac O'Keeffe

"Happiness is a direct experience arising from your innate nature." —Jac O'Keeffe

DON'T MISS JAC'S RETURN TO CARLSBAD, CA

Her unique way of dialogue and interaction creates an atmosphere of openness & freedom that supports deep meditative inquiry.

VENUE

Holiday Inn Carlsbad

2725 Palomar Airport Rd, Carlsbad, CA 92009 (Executive Room, 3rd Floor)

DATES

Friday, November 1 • 7:00 pm - 9:00 pm

Saturday & Sunday, November 2-3 • 10:30 am - 5:00 pm

EARLY PRICE

\$190 (All Three Days) *Before* October 15, 2019

REGULAR PRICE

\$220 (All Three Days)

Friday: \$30 • Saturday & Sunday: \$95 each day

HOTEL DISCOUNTS AVAILABLE • RESTAURANTS NEARBY

For More Information about Jac, visit: JAC-OKEEFFE.COM

REGISTER ONLINE: INNERDIRECTIONS.ORG