



INNER DIRECTIONS

The Spirit of Insight & Awakening

INNER DIRECTIONS is a nonprofit organization dedicated to sharing the heart of authentic spirituality through a unique selection of online articles, stories, poems, sacred texts, plus digital audio and video—all of which point to the direct immediacy of our true nature.



SPIRIT

Inner Directions strives to express the “Spirit” of authentic spirituality in whatever serves to shift our consciousness toward an unlimited view of who we are—whether this approach arises from within a spiritual tradition or otherwise.



INSIGHT

For more than 20 years we’ve shared fundamental insights and wisdom-teachings, which reflect the immediacy of That which is eternal and infinite within us: the non-dualistic ground from which religions and spiritual traditions arise.



AWAKENING

The purpose of these pointers and wisdom-teachings is meant to facilitate abiding peace and happiness—the heart of our essential nature. They nudge us toward awakening to the infinite.

**“Transforming yourself is a means of
giving light to the whole world.”**

—RAMANA MAHARSHI

WHAT WE'RE ALL ABOUT



During the late 1980s, we published a small newsletter known as *Pathways*, which was distributed on a “donation-only” basis. In 1995 it was decided to “retire” *Pathways* so that we could launch the newly envisioned *Inner Directions Journal*. While *Pathways* was dedicated solely to the teachings of Ramana Maharshi, the *Journal* was expanded for a more inclusive readership. The inspiration for the *Journal* came from the work of the late Arthur Osborne, founding editor of the *Mountain Path* magazine and the definitive biographer of Ramana Maharshi.

The *Inner Directions Journal* was a high-quality print magazine with author and philosopher Dr. Robert Powell, and Matthew Greenblatt, as the founding editors. Each quarter the *Journal* presented original articles, interviews, insights, poetry, dialogues, and book reviews, and was one of the leading-edge spiritual periodicals of its time. It was nominated twice by the *Utne Reader* as “Best new periodical in its class.”



Due to ongoing funding challenges, the *Journal* underwent several format changes until the final print edition was published nine years later. Production costs were simply too high for a magazine that had a wonderfully dedicated readership, but not enough financial support to supplement its limited circulation.

Over the years, we’ve worked hard to find creative ways to keep the *Journal* available and relevant, while continuing to expand the website with vibrant new content. This transition was completed when we moved to a simple and effective online “Member” program.

“The consciousness in you and the consciousness in me, apparently two, is really one; seek unity and that is love.”

—NISARGADATTA MAHARAJ

SUPPORT YOUR INNER DIRECTION

For an annual tax-deductible donation of \$27 or more, you can become a "Member" and receive access to the full library of Inner Directions content.



Visitors to InnerDirections.org can always read a selection of "Guest Articles" at no charge. The balance of our comprehensive library, plus new articles and media that are added monthly, is available only to "Members."

YOUR PARTICIPATION IS VITAL

Help Inner Directions continue its tradition of authenticity and spiritual independence by becoming a Member, and directly contribute toward the ongoing publishing of distinctive online content. As an expression of our appreciation, we'll send you one of the following thank-you gifts:



- **Friend:** \$27 to \$99 — Printable eCard
- **Supporter:** \$100 & above — *Abide As the Self* eBooklet
- **Sustainer:** \$250 & above — *Wisdom-Teachings of Nisargadatta Maharaj* Book
- **Benefactor:** \$1,000 & above — Inner Directions Cotton Tote Bag
- **Patron:** \$5,000 & above — Custom Print of Arunachala (11" x 17")

JOINING IS EASY

Simply go to www.InnerDirections.org, click on the "Become a Member" button, and follow the instructions. We've worked hard to keep the cost low. Think of this small expense as a "dinner date" with the infinite.

Your invoice serves as your **tax-deductible** receipt. If you wish to register by phone, simply give us a call at (760) 599-4075. We'd love to hear from you.



BE IN TOUCH

Sign up to receive our newsletter and get meaningful articles and content delivered right to your inbox each month.

"Inner Directions is full of wonderful things—jewels from many sources."
—COLEMAN BARKS, EDITOR OF *The Essential Rumi*

MOVING FORWARD . . . TOGETHER



Our updated online presence brings Inner Directions full circle. It is our hope that, with your support, we'll humbly continue to serve as a dynamic catalyst to bring light, hope, and spiritual insight to those who long to experience the freedom of their true essence.

"The careful selection of teachers and writers included in INNER DIRECTIONS—some familiar, some who are delightful discoveries—suggests that the editors want to bring to the attention of spiritual seekers only teachers of honesty and integrity, those who offer respect to the students."

—ANDREA MARTIN, *Utne Reader*

"What it means, surely, is that INNER DIRECTIONS has succeeded in pulling together a growing group of 'seekers' who are prepared and willing to become 'finders.'"

—DOUGLAS E. HARDING, author of *On Having No Head*

"INNER DIRECTIONS is devoted to the purest expression of the nondual. It is a truly welcome addition to American Dharma."

—JACK KORNFELD, AUTHOR OF *A Path with Heart*

"I used to go to India to make 'this' happen."

—RAM DASS (In his first public event following a stroke, after quietly surveying the INNER DIRECTIONS GATHERING audience.)

"An excellent magazine. The *Inner Directions Journal* contains articles of interest to yoga aficionados, seekers of inspiration, and spiritual scholars."

—*International Association of Yoga Teachers*

"It's nice to read a *journal* that doesn't need to clear its throat before it speaks; these voices are our own shared heart, our common inner direction."

—STEPHEN AND ONDREA LEVINE, authors of *Embracing the Beloved*

"INNER DIRECTIONS strikes me as a remarkable achievement."

—FREDERICK FRANCK, AUTHOR OF *The Zen of Seeing*

"The *Inner Directions Journal* is an important spiritual magazine for those who know that Spirit needs very little hoopla."

—THE BOOK READER

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