

Inner Directions Gathering

THE PARADOX OF AWAKENING

Three Transforming Days!
April 20-22, 2012 • La Jolla, CA

“The careful selection of teachers and writers included in INNER DIRECTIONS, some familiar, some who are delightful discoveries—bring attention to teachers of honesty and integrity.”

—UTNE READER

“I used to go to India to make ‘this’ happen.”

—RAM DASS (ABOUT THE GATHERING)

PRESENTERS

Jeff Foster • Jackie O’Keeffe • Karl Renz
Francis Lucille • Pamela Wilson • Peter Fenner
Rupert Spira • Stephen & Ondrea Levine

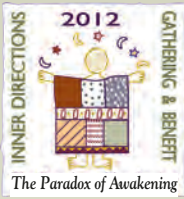
MUSIC

Dave Stringer • Kirtana

“Inner Directions strikes me as a remarkable achievement.”

—FREDERICK FRANCK, AUTHOR OF *THE ZEN OF SEEING*

www.InnerDirections.org • (800) 545-9118



ABOUT INNER DIRECTIONS

Inner Directions is a nonprofit organization dedicated to publishing distinctive books, digital video, and online media that express the heart of authentic spirituality. These unique works communicate the immediacy of That which is eternal and infinite within us: the nondualistic ground from which religions and spiritual traditions arise.

Our goal is to share these fundamental insights and wisdom-teachings, which, in the spirit of self-inquiry, express authentic ways to awaken to the reality of our essential nature. This approach also reflects a spirit of independence in the way that we publish works of authentic, timeless wisdom, with an emphasis on value and meaning rather than just commercial potential.

“Inner Directions has succeeded in the difficult task of pulling together a growing group of ‘seekers’ who are prepared and willing to become ‘finders.’”

—DOUGLAS E. HARDING, AUTHOR OF *ON HAVING NO HEAD*

THE INNER DIRECTIONS JOURNAL

In 1995, as the successor to the small newsletter *Pathways*, the *Inner Directions Journal* was launched. With author and philosopher Dr. Robert Powell as the founding Editor this quarterly magazine presented original articles, interviews, insights, poetry, dialogues, and book reviews. The Journal was very well received. In fact, it was nominated three years in a row by the *Utne Reader*: twice for “Best new periodical in its class,” and finally for “Outstanding graphic design.” Because of ongoing funding challenges, the Journal was printed in several different formats over the years, until 2004, when the last print edition was published. The acclaimed *Inner Directions Journal* is still available in an online format, where it is updated regularly with new content.



“Inner Directions is full of wonderful things—jewels from many sources.”

—COLEMAN BARKS, EDITOR OF *THE ESSENTIAL RUMI*

“Inner Directions is devoted to the purest expression of the nondual. It is a truly welcome addition to American Dharma.”

—JACK KORNFIELD, AUTHOR OF *A PATH WITH HEART*

THE GATHERING



In the fall of 1998, as part of a fund-raising effort, Inner Directions held the first “Gathering” in La Jolla, California. The initial program—which now returns after several years’ hiatus—initially began as a faith-based experiment, and continued for seven consecutive years. Each Gathering built upon the previous event, and quickly developed a format uniquely its own. Some of the presenters who participated in the earlier Gatherings were: Eckhart Tolle, Douglas Harding, Byron Katie, A.H. Almaas, Adyashanti, Tony Parsons, Coleman Barks, Catherine Ingram, Rabbi Rami Shapiro, Lama Surya Das, and many others.



These “Gatherings” have become a much-loved annual event that is attended by people from many different parts of the world. Ram Dass, in his first public event after suffering a stroke, quietly surveyed the large Gathering audience, then joyfully said “I used to go to India to make this happen.”

“These voices are our own shared heart, our common inner direction.”

—STEPHEN & ONDREA LEVINE, AUTHORS OF *EMBRACING THE BELOVED*

PRESENTERS

F R I D A Y

3:00 - 3:20 P.M. — **Kirtana, Guitar and Vocals**
3:20 - 3:45 P.M.



PRASAD PAUL DUFFY

Host

Sixteen years ago American born Prasad returned from India, having awakened to the reality of our true Self through the grace of his teacher Papaji, a direct disciple of Ramana Maharshi. Since then Prasad has assisted many

others to realize their own true Self through his satsangs, intensives, and retreats.

3:45 - 5:15 P.M.



RUPERT SPIRA

Rupert Spira is a renowned English ceramic artist who first studied pottery with Henry Hammond. It is through this medium that Rupert examines the relationship between consciousness and form. Rupert's inspiration comes from Atmananda Krishna Menon, Jean Klein, and Francis Lucille. Rupert's experiential

pointing is both simple and clear, and he refers to this both in meetings and in his book, *The Transparency of Things*, as often allowing a sudden and complete experience of "seeing." This exploration can demonstrate the fallacy of our inherited beliefs about reality, replacing them with the understanding of direct experience—our True Nature.

www.rupertspira.com

"All we know is knowledge or knowing, and knowing is made of Awareness alone. Or, we could say that all that is known is 'experiencing' and the only substance present in experiencing is our self, Awareness. That Awareness pervades experience intimately and, as such, is known as love. It is unaffected by changing names and forms, just as the screen is unaffected by the images that appear on it, although it is their sole substance, and is therefore known as freedom."

5:15 - 7:15 P.M. — DINNER BREAK

7:15 - 9:00 P.M.



DAVE STRINGER

Kirtan

Dave Stringer's sound marries the transcendent mysticism of traditional Indian instruments with the exuberant, groove-oriented sensibility of American gospel, and he is regarded as one of the most gifted singers in the genre. Stringer, who is also an accomplished composer and

multi-instrumentalist, has a special ability to bring people together and inspire them to sing. His work creates a modern and participatory theatrical experience out of the ancient traditions of kirtan, open to a multiplicity of interpretations, and accessible to all. Dave probes the dilemmas of the spirit with a wry and unorthodox sense of humor. Based in Los Angeles and Berlin, Stringer has produced varied recordings with other celebrated world musicians including Azam Ali, Vas, Axiom of Choice, Rasa, Suzanne Teng, Shaman's Dream, and the Open Door Orchestra.

www.DaveStringer.com

"Dave Stringer has integrated his interest in Kirtan, an Indian tradition of devotional chanting, with his masterful grasp of Western popular music, creating an exciting style of psychedelic pop as informed by traditional Eastern music as the Beatles."

—All Music Guide

"A volcano of a voice! Stringer transported us to another time and place. His fiery, soulful voice gave the entire room a feeling of a down-home gospel jam and one could not help but sing along."

—LA Yoga Magazine

WE NEED YOUR SUPPORT

Your Participation Represents an Important Part of our Continued Presence!

JOIN THE GATHERING COMMUNITY

- **MEET** with the respected presenters in an extraordinary weekend of dialogue, music and silence.
- **JOIN** with a community of wonderful friends who share your inner direction.
- **PARTICIPATE** in every session for the entire weekend.

Play an essential role in supporting this event by sharing the information with your friends. Go to the "Share the Gathering" link on our website and use the available tools to help spread the word.

www.InnerDirections.org • (800) 545-9118

PRESENTERS

S A T U R D A Y

8:00 - 8:45 A.M. — Registration (Bookstore open)
8:45 - 9:00 A.M. — Announcements
9:00 - 10:30 A.M.



PETER FENNER

Peter is a leader in the adaption and transmission of Asian nondual wisdom, and a pioneer in the development of nondual therapy and the training of nondual facilitators. He was also a monk in the Tibetan tradition for nine years. Peter is best known as the founder of Timeless Wisdom, which offers the 9-month “Radiant Mind®” course and the 10-month “Natural Awakening: Advanced Nondual Training” program—both offered internationally. Peter’s Ph.D. is in the philosophical psychology of Mahayana Buddhism. His books include *Radiant Mind* and *The Edge of Certainty*. His teaching is known for its precision dialogue and deep silence.

www.RadiantMind.net

“If we had been engaged in the practice of neither letting go of, nor hanging onto our experience, we see that we are already unable to let go of our experience or hang onto it. We experience the impossibility of holding onto our pleasures and letting go of our painful experiences. There is nothing else we could be doing. We discover that we are already doing what we are trying

to do.”
10:30 - 11:00 A.M. — BREAK

11:00 A.M. - 12:30 P.M.



JAC O’KEEFFE

Jac O’Keeffe was raised in rural Ireland. Longing to know about God, she studied theology and music. Her studies left her disillusioned and a non-believer, which led her to focus upon social inequality, adult and community education, thus starting a career that interwove community development with the arts. In 1997 her life changed dramatically when her sixth sense

awakened, quite spontaneously. She developed a healing practice offering private sessions and residential retreats, and her work had the primary focus of raising consciousness. She stopped this work in 2006 and left Ireland to deepen her own spiritual awareness. Her quest led to That which is beyond the mind, and transcends dualistic thought. Jac now spends her time between Ireland and India, facilitating spiritual meetings and dialogues. Jac is the author of *Born to be Free*.

www.JackieOkeeffe.com

“Your mind can convince you that attaining a particular object of desire will make you happy. The truth is that when your mind is still, a natural feeling of happiness arises within you. Your true nature is causeless, and living causeless happiness is your natural state of being. When a desire is satisfied, the desire subsides and mind rests for a period. The absence of desire, the absence of thought, allows what is within to be experienced.”

12:30 - 2:00 P.M. — LUNCH BREAK

2:00 - 3:00 P.M.



STEPHEN & ONDREA LEVINE

Via Broadband

For more than thirty years, Stephen & Ondrea Levine have combined the compassion of Buddhist teachings with modern psychology, developing original methods to help people deal with death and dying. Throughout their journey they collaborated with other teachers, including Ram Dass and the Dalai Lama. Jack Kornfield said of Stephen and Ondrea, “their work is among the deepest, most healing and heartfelt contributions to modern spiritual life in America.” They draw from the teachings of a variety of wisdom traditions, including Native American, Sufism, mystical Christianity, and Theravada Buddhism. Stephen is the author of numerous books, including *Who Dies*, *Turning Toward the Mystery*, and *A Year to Live*. Ondrea’s autobiography is presently being published. They live in relative isolation in northern New Mexico and have not actively participated in public talks for more than 10 years.

www.LevineTalks.com

“Who am I?” beyond our accumulated identities, the “who” and the “I” of the question, being so much heavier than the whole truth, it falls back to earth, and only the am-ness remains—only the unending essence of being, deathless suchness.”

3:00 - 3:30 P.M. — BREAK

3:30 - 5:00 P.M.



FRANCIS LUCILLE

Francis Lucille is a disciple of Jean Klein, the late highly-respected Advaita teacher. Francis’ meeting with Jean Klein marked the beginning of a close association between the two that lasted until Jean’s death in 1998. Klein met his teacher, Panditji Rao, in the nineteen-fifties. Professor Rao taught Sanskrit at a college in Bangalore, and he belonged to a respected lineage of traditional Advaita Vedanta teachers. Francis holds meetings and retreats in Temecula, CA and throughout the world, carrying on the tradition of his teacher. His books include: *Eternity Now*, *The Perfume of Silence*, and *Truth Love Beauty*.

www.FrancisLucille.com

“Enlightenment is the direct revelation that consciousness is infinite, not the mere logical conclusion or inference of its infinity. The sole engine of this revelation is the love for the Absolute, an overwhelming desire for Truth, an all-trumping longing for the Divine. This is the only necessary and sufficient condition for true awakening. It is the power of this discovery that transmits itself in the teaching. Without this power, the logical arguments of non-dualism are just empty words.”

PRESENTERS

S U N D A Y

8:00 - 8:45 A.M. — Registration (Bookstore open)

8:45 - 9:00 A.M. — Announcements

9:00 - 10:30 A.M.



PAMELA WILSON

Pamela Wilson shares the presence of openness and love directly from the heart. Traveling widely in the United States, Canada, and Europe, Pamela holds public and private sessions, speaking from the ground of awareness and silence. Pamela describes these meetings as a gathering of people to honor Truth, to rest from the conflict and confusion of the world, and to

take refuge in the Heart. She has endeared herself to many through her lighthearted humor, compassion, and deep understanding of what it is to be human. The “*Fellowship of the Heart*” is a non-profit organization that supports Pamela’s work. • www.PamelaSatsang.com

“As you look inside, are you aware of an aliveness that is naturally open? Right now, all the sensations and emotions have free movement through us. One of the functions of this constant flow of emotions and thoughts is to awaken this alive-intelligence to its innate capacity to soothe emotion and clarify the mind. This is when the natural Self starts to know itself—to recognize that it simply is.”

10:30 - 11:00 A.M. — BREAK

11:00 A.M. - 12:30 P.M.



JEFF FOSTER

After graduating from Cambridge, where he majored in astrophysics, Jeff Foster became depressed and ill. This led to years of intense exploration into “spiritual enlightenment.” The absolute end of this investigation brought with it the seeing that there is only, ever Oneness. With this clarity, Jeff recognized what his life was in truth: spontaneous, clear, joyful, and fully alive.

Jeff then began to write and talk about what he calls “the utterly, utterly obvious.” His books include *The Wonder of Being*, *Beyond Awakening*, *An Extraordinary Absence*, and *Life without a Centre*. Jeff’s meetings and retreats are filled with humor and compassion, which help shatter the mind’s hopes for a future enlightenment, while revealing the awakening that is always already present, right in the midst of life.

www.LifeWithoutACentre.com

“Think of the word ‘nonduality’ as a ‘finger pointing to the moon’ (as they say in Zen) directing your attention to the wholeness of all life, to the Oneness which exists here and now. It points to an intimacy, a love beyond words, a completeness right at the heart of present experience. It points to where you already are. It points back Home. It is beyond comprehension, yet it is as obvious as breathing, as familiar as the feeling of your heart beating in your chest, as ordinary as the sights and sounds and smells appearing in this room.”

12:30 - 2:00 P.M. — LUNCH BREAK

2:00 - 2:45 P.M.



KIRTANA

Guitar & Vocals

Born and raised in a small coastal town in Maine, Kirtana has played the guitar and written songs since the tender age of eleven. For the last twenty years she has lived on the central coast of California, drawing constant nourishment and inspiration from the beauty and energy of the area. A long time student of spirituality

and meditation, Kirtana’s music reflects the themes of personal transformation, healing, and a growing self-awareness. The songs from her CD, *This Embrace*, reflect the love and self-recognition sparked by her life-altering encounter with Gangaji. Her CD, *A Deeper Surrender*, has been described by one reviewer as “an exquisite paean to the ineffable longing for the Beloved.” Her sixth and most recent CD, *Falling Awake*, continues the expression of that deepening.

www.kirtana.com

“A brilliant poet, marvelous songwriter and lovely guitarist, Kirtana’s albums have become more magical with each release. I’ve called her a Rumi of our time.” —New Age Retailer

2:45 - 3:15 P.M. — BREAK

3:15 - 4:45 P.M.



KARL RENZ

During the 1990s Karl Renz encountered a complete clarity in which there was no desire to change anything or to avoid pain or suffering. He felt, “If I must remain in this condition for the remainder of my existence, so be it.” Karl travels throughout the world sharing with spiritual seekers. He doesn’t give instruction in a traditional way, but his paradoxical logic works to help the mind relax and let go of its grasping and

seeking, so that the questioner may recognize the changeless, absolute freedom that is our true nature. Every idea, theory, or sacred idol of the mind, is fair game and he turns his attack to our most cherished beliefs, amidst laughter and the relaxed atmosphere of acceptance that he generates. His books include: *The Myth of Enlightenment*, *If You Wake Up Don’t Take it Personally*, and *A Little Bit of Nothingness*.

www.KarlRenz.com

“Questioner: *Is realization something that reveals itself in time, or is there a precursor to realization?*

Karl: *Is there ever a moment in time when the Self is not realized? That which you think you are will never be realized. How can an idea or an object be realized? What realization means here, is that consciousness, which once identified with an object, becomes infinite; it becomes conscious about being consciousness. But the Self is never enlightened or unenlightened. It is always prior to all ideas of enlightenment or non-enlightenment, no matter what you say about it. All this is conceptual.”*

4:45 - 5:00 P.M. - CLOSING REMARKS

POINTS OF INTEREST IN THE SAN DIEGO AREA

LA JOLLA COVE

Pathways along the La Jolla Cliffs offer spectacular views. You can walk on the edge of the wildflower-strewn cliffs and past the ocean caves. The Cove is home to a variety of unique marine life.



SEAL ROCK

Seal Rock is located on the Southern point of Coast Blvd. There is a large jetty where you can walk out and see the seal families that rest on the sandy beach each day.

SELF-REALIZATION FELLOWSHIP GARDENS

The beautiful meditation gardens located on the Pacific cliffs in Encinitas, about 20 minutes north of La Jolla, are maintained by the Self-Realization Fellowship. This is the location where Paramahansa Yogananda wrote *Autobiography of a Yogi*.



QUAIL BOTANICAL GARDENS

Located in Encinitas, Quail Gardens is home to a remarkable collection of tropical and Southern California flora.



BALBOA PARK

Along with the world famous San Diego Zoo are several museums, including photography, history, science, and art, all located in this beautiful park.

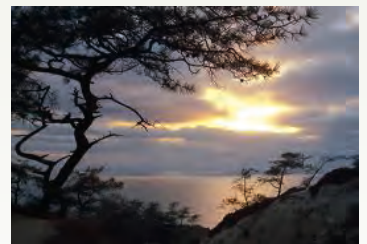
STEPHEN BIRCH AQUARIUM

This is one of the best Aquariums in the country, and is part of the Scripps Institute of Oceanography, La Jolla.



TORRY PINES STATE PARK

Located between La Jolla and Del Mar, this seven-mile park is comprised of 12 remarkable hiking trails, which are high up on the pristine cliffs. Many of the trails lead down to the sea.



OLD TOWN

Located near downtown San Diego, Old Town is the oldest California settlement. It retains a festive, Mexican atmosphere, reflecting Southern California's early heritage.



Inner Directions is a nonprofit organization dedicated to exploring self-discovery and awakening in the spirit of nonduality.

REGISTRATION FORM

Register online or print this form and return it to us.
Mail: P.O. Box 130070, Carlsbad, CA 92013 • Fax: 760 599-4076

Register Online, by Phone or by Mail:

Standard Registration: \$355

At the Door: \$420 only if available

Registration price includes all three days. Individual sessions are not available.

METHOD OF PAYMENT

Check or money order, payable in U.S. funds, drawn on a U.S. bank account. Send to:
INNER DIRECTIONS
P.O. Box 130070
Carlsbad, CA 92013



Expir. Date

Signature

CVC Code:

Credit Card Number (include all digits)

HOW TO REGISTER:

P.O. Box 130070
Carlsbad, CA 92013
Tel: (760) 599-4075 • Fax: (760) 599-4076

Facebook: Inner Directions Gathering
Twitter: @InnerDirections

Reading this Digitally?
Register Here

Don't Miss This Transformative Event Seating is Limited!

REFUNDS: A \$50 administration fee is charged for cancellations up to March 30, 2012. • A \$100 administration fee is charged for cancellations from April 1 - 15, 2012. • No refunds are available after April 15, 2012. • We regret that we cannot make refund exceptions for disasters, weather issues, personal or medical emergencies. • You may transfer your registration at any time without being charged a cancellation fee.

NAME

ADDRESS

CITY

STATE / PROVINCE

ZIP / POSTAL CODE

COUNTRY


TELEPHONE

E-MAIL


LOCATION

 The lovely Museum of Contemporary Art is located in La Jolla, on the cliffs high above the Pacific Ocean. The mild San Diego climate is temperate year-round.


PROGRAM

 The Gathering begins at 3:00 P.M. on Friday afternoon and ends on Sunday evening at 5:00 P.M. Individual sessions are not available.

TRAVEL & LODGING

 You will need to make transportation and lodging arrangements. Hotels that offer Gathering discounts are available on our website.

MEALS & SNACKS

 Complimentary tea, coffee, and refreshments are provided throughout the program. Local restaurant information is available at the program.



Gathering Voices

“Thank you and all of your volunteers who worked so well and so hard to produce such an outstanding conference.”

— MARGUERITE CRAIG, SAN RAFAEL, CA

“It was a gathering of family in whose presence I felt nourished and supported in the truth of being.”

— Peter & Aneeta Mekena, Pebble Beach, CA

“Thank you very much for a wonderful meeting in La Jolla! I enjoyed every minute of it — it was really worth the long travel from Norway.”

— ANDRIES KROESE, OSLO, NORWAY

“The Gathering is beyond any group I’ve ever gone to—I’m still enjoying a deep silence and joy.”

— CAROLYN RICH, PALM DESERT, CA

From a Prisoner: “The tapes from the Gathering are simply wonderful! I spent the last week, in turn roaring with laughter and choked with tears, listening to each one. Byron Katie and Ram Dass blew me away! We have been coming over to the chapel every evening to hear them, and it’s been a real dose of “freedom” for us.”

— JAMES GINN

“Because of Coleman Barks, I attended the Gathering this last winter. I didn’t know any of the other guest speakers and had no particular expectations. The Gathering gave me a far greater gift than I expected, and I am grateful for that.”

— JOAN OSTENDORFF, SEATTLE, WA

“It was beyond any group experience I’ve ever gone to. I’m still enjoying the deep silence and joy.”

— CAROLYN RICH, PALM DESERT, CA

“Next year, I am going to allow a full week for my stay in La Jolla. Not only is the Gathering an incredible experience, but the location is simply extraordinary.”

— BOB LOWREY, NEW YORK, NY

“My heart is filled with great joy following this most beautiful celebration of love and healing. I’m still soaring and will continue to do so until next year’s conference.”

— JUDY NEWMAN, MALIBU, CA

“I cannot express the inspiration received at the meeting. I am looking forward to the next time, in which I am hoping to entice others to come.”

— HELENA EUDAVE, BRUNSWICK, GA

“The weekend was a pure experience of the Heart. The energy of the Gathering has stayed with me; it is much easier now to reach the place of silence within.”

— LAURIE DAY, COLUMBIA, MD

“We are grateful that we were given the opportunity to be in the presence of kindred spirits once again, and we owe this to Inner Directions’ openness and love.”

— ROBERT & CAROLYN MILLER, PINON HILLS, CA

“There is nothing like the Inner Directions Gathering. I’ve told all my friends if there is one conference in the year to attend, it’s this one. We need to support it—it’s a rare spiritual gem!”

— SANDY MARTIN, ENCINITAS, CA

“I’ve just returned from the Inner Directions Gathering—a gathering of 500 people, some remarkable teachers, music, chanting, humor, Rumi, and fellowship of being. All this amidst the beauty of La Jolla, with the roaring surf under a full moon.”

— CHRISTIANA DURANCZYK, SAN FRANCISCO, CA

